



ST ANNE'S LONG DAY CARE CENTRE
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Dear Families,

Whilst Christmas is almost upon us, there is still much to do to finish off this year including completing the Enrolment and RE-Enrolment process. With many thanks to Sharni those packages are now ready (and have been collected by many of you!) so please go past the Office and collect your child's if you haven't already. We ask that you return the form by **Friday 7 December** so we can start processing them ready for the start of 2019.

There are a couple of new inclusions but I ask you to take note of the this one in particular, Clause 9 of the 'Permissions and Agreements':

9. Carpark Safety Protocols

St Anne's Long Day Care Centre considers the safety of all children and families to be of paramount importance. Families traveling to the Centre by car are asked to take extreme care, approach the Centre doing no more than 40 kms per hour (School Zone), and adhere to the following rules when dropping off and collecting children from the Centre.

Drivers must:

- Keep a keen lookout for children
- Keep speed to no more than 10kms per hour within the carpark
- Park only in designated parking spots (leaving the Disabled Car Space and Emergency Drop off area for those purposes only)
- Hold your child's hand at all times while walking in the carpark
- Do not leave children in your car without you
- Do not leave your car with the motor still running

It is important we all recognise that children depend on adults to keep them safe. Small children can be unpredictable in their movements, and do not have an understanding of road rules.

I agree to abide by the above safety conditions that protect my child and others using the service.

We are very thankful for your attention to all of our requests to help us ensure children's safety.

Yours as we care for and educate children together,

Narelle Dewhurst.

CENTRE DIRECTOR

REMINDER END-OF-YEAR FAMILY GATHERING



Monday 3 December—5.30pm-7pm

- ⇒ Please read your special flyer sent out a few weeks ago.
- ⇒ On this day it would be appreciated if you could please pick up your children by 5pm.
- ⇒ The carpark will be closed from 5pm-7pm for SAFETY.

Parent Information Sessions

Many thanks to those of you who were able to attend the Parent 'Transition to the next room' Information Sessions. Please don't hesitate to let us know if you would like a personal orientation into your child's room.

THANKYOU....

The response to the Seabirds Teachers suggestion to children and families to donate a small gift to be given to "others in the community" has been VERY well received. The teachers had been discussing with the children the upcoming "Festive Season" and what it means for us and others. Part of this discussion was about "those that don't have the same opportunities as us". This week the children are wrapping the gifts in preparation for giving them to one of our Community Groups.

Your generosity has been overwhelming, and your conversations with your children, in relation to this "experience" have been heartwarming.

We realise it is very hard for a child to give up a gift that they have purchased with you (that they LOVE) just prior to Christmas.

This process has occurred with lots of positive supportive words from the children's teachers to help the children's understanding of the wonderful act of kindness and giving they are participating in.



**St Anne's will be closed from
 Friday 21 December 2018 at 6pm
 and will RE-OPEN**

Thursday 3 January 2019 at 7.30am

Wednesday 2 January 2019 will be a Staff only day to prepare for the



FOCUS ARTICLE: 20 phrases to use when your child isn't listening



Source: Motherly (2018, November 15). 20 phrases to use when... Retrieved from <https://www.mother.ly/child/20-phrases-to-use-when-your-child-isnt-listening?rebelltitem=13#rebelltitem13>

Our children are often the best mirrors. Over time, I have gracefully taken a step back and realised I needed to clean up my communication. The lesson was clear for me. Talk to mini-humans the way you'd like to be talked to and things will go a lot smoother. Easier said than done, so over the years, I've adopted the motto "Progress over perfection."

These 20 positive phrases are a great place to begin if you'd like to make a fresh start with your communication:

1. "What do you need to remember?"

Take a break from: "Be careful."

2. "Please talk softly."

Take a break from: "Stop yelling!" or "Be Quiet!"

3. "Would you like to do it on your own or have me help you?"

Take a break from: "I've asked you three times, do it now!"

4. "What did you learn from this mistake?"

Take a break from: "Shame on you" or "You should know better."

5. "Please _____."

Take a break from: "Don't!" or "Stop It!"

6. "We are on cheetah time today and need to move fast!"

Take a break from: "Hurry Up!" or "We are going to be late!"

7. "Do you want to leave now or in ten minutes?"

Take a break from: "Time to go..."

8. "Let's add that toy you want to your birthday list."

Take a break from: "We can't afford that" or "No, I said NO TOYS!"

9. "Stop, breathe, now ask for what you want."

Take a break from: "Stop whining"

10. "Respect yourself and others."

Take a break from: "Be good"

11. "Use your teamwork skills."

Take a break from: "Don't be bossy!" And "No one will want to play with you if act like that".

12. "I need you to _____."

Take a break from: "Stop doing____," and "It's not ok to____,"

13. "It's ok to cry."

Take a break from: "Don't be a baby", or "Don't Cry"

14. "How will you take care of yourself?"

Take a break from: Always fixing, i.e., "it's not a big deal."

15. "I'll stop, breathe and wait for you to finish."

Take a break from: "Just let me do it."

16. "I love you no matter what."

Take a break from: "No one wants to be with you when you're bad"

17. "I am not ok with _____ yet."

Take a break from: "You're not old enough," or "You're too little to do that."

18. "You care, so I'd love for you to decide."

Take a break from: "I don't care."

19. "I believe in you and am here to support you."

Take a break from: Rescuing i.e., "I'll take care of this."

20. "How are you feeling?"

Take a break from: "Chill out; you don't need to get so upset!"

Go to the link for a more comprehensive explanation of each of these phrases including an example of how to use it and why it is beneficial to say one phrase over the other.